

Scottish Hill Runners

2010 Race Calendar

January

- 01 Aonach Mor Uphill
- 02 Greenmantle Dash
- 23 Devil's Burdens Relay

February

- 13 Scald Law (junior race)
- 13 Carnethy 5

March

- 05 River Tay Dash - Night Trail Race
- 06 Birnam Hill Classic
- 07 Deuchary Hill Canter
- 07 Bishop Hill
- 20 Craig Dunain
- 20 Chapelgill (SHR)
- 21 Criffel
- 28 El-Brim-Ick Dash

April

- 03 Knockfarrel
- 04 Grandtully Hill Race
- 04 Norman's Law & Emily Hill (junior race)
- 06 Krunce Series - Race 1
- 10 Highlander Mountain Marathon
- 10 Silent Valley (BRITISH)
- 17 Clachnaben
- 17 Cioch Mhor
- 17 Hunters Bog Trot
- 17 Screele
- 18 Meall nan Tarmachan
- 21 Kaim Hill Race (Bog and Burn)
- 24 The Highland Fling
- 24 Beinn Ratha
- 24 Isle of Mull Fell Race
- 28 Whangie Whizz (Bog and Burn)

May

- 01 Kintyre Way Ultra and Relay
- 01 Stuc a'Chroin (Long Classics)
- 04 Krunce Series - Race 2
- 05 Dumyat Hill Race (Bog and Burn)
- 08 CATERAN TRAIL 23M
- 08 Ben Lomond (junior races)
- 08 Ben Lomond (SHR & SAL Championship)

May (continued)

- 09 Inveraray Jail Break
- 15 CATERAN TRAIL 55M
- 15 Goatfell
- 19 Kinnoull Hill Race
- 19 Gypsy Glen Hill Race
- 20 Durriss Mast
- 21 Scottish Islands Peaks Race
- 22 Inter Counties, Llangynhafal, Wales
- 22 Slioch Horseshoe (Long Classics)
- 26 Knock Hill Race, Crieff
- 29 Cairnpapple Hill Race
- 29 Isle of Jura Fell Race (Long Classics)

June

- 01 Krunce Series - Race 3
- 02 Kilpatrick's Hill Race (Bog and Burn)
- 05 Loch Lochy Munros (Long Classics)
- 05 Glas Tulaichean (uphill)
- 05 Scolty Hill Race (plus junior race)
- 06 Saughhill Race
- 06 Yetholm Hill Race
- 09 Cort-ma Law (Bog and Burn)
- 12 Traprain Law Race
- 12 Durisdeer Hill Race
- 12 Helensburgh Hill Race
- 12 Cairn Table Run
- 12 Lowe Alpine Mountain Marathon
- 16 Ben Sheann (Bog and Burn)
- 16 Ben Aigan
- 17 Balmedie Beach Bash
- 19 West Highland Way Race
- 19 Glen Rosa Horseshoe (SHR + Long Classics)
- 20 Seven Hills of Edinburgh Race
- 23 Red Moss Revolution (Bog and Burn)
- 26 Fyrish Hill Race (plus junior run)
- 26 Eagle Crag Hill Race
- 26 Sedbergh 3 Peaks (BRITISH)
- 26 Finella Hill Race, Drumtochty Highland Games
- 26 Eildon 2 Hills Race
- 26 Arrochar Alps (Long Classics)
- 27 Lairig Ghru Race
- 27 Falkland Hill Race
- 27 WMRA International Youth Challenge



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Please email any corrections to chris.upson@yahoo.co.uk



July

02	White Tops Hill Race
03	Corrieyairack Duathlon
03	Luss Highland Games Hill Race
03	Meall an t-Suidhe (Melantee)
04	Half Nevis Race
04	European Championships, Bulgaria
04	Hebridean Challenge
05	Cow Hill Race, Lochaber AC
06	Earlston Black Hill
06	Krunce Series - Race 4
07	Carnethy Midweek Hill Race
07	Kenmore Games Hill Race
10	David Shepherd Memorial Glamaig Hill Race
10	Creag Choinnich Challenge
10	Alva Games
11	Heart of the Park Challenge
14	Maddy Moss (Bog and Burn)
15	Mither Tap
17	Lochcarron Games Hill Race
17	Tomnabat Hill Race, Tomintoul (SHR)
18	Lamlash Gala Week Urie Loch Hill Race
23	Aonach Mor Uphill
24	Snowdon International Race
28	Turnhouse Hill Race (Bog and Burn)
28	Killin Games Hill Race
31	Cow Hill Race, Lochaber Games
31	Ben Rinnes (Long Classics)
31	Dollar Hill Race (SHR + BRITISH)

August

01	Ben Kenneth, South Uist
03	Krunce Series - Race 5
04	North Berwick Law
04	Skye Games Hill Race
06	Beinn Lee, North Uist
07	Creag Dhubh, Newtonmore
07	Devil O' The Highlands Footrace
07	Strathpeffer Games Hill Race
07	Fungle Hill Race, Aboyne Highland Games
07	Largo Law
08	Glenshee 9 (SHR + Long Classics)
11	Caerketton (Bog and Burn)
11	Widford Hill, Orkney (TBC)
12	Tain Games Hill Race
12	Ballater Games Hill Race
14	Weem Hill Race, Aberfeldy Games
15	Lomonds of Fife
19	Cheyne Hill Race
20	Glenisla Games Hill Race

August (continued)

21	Craigengower Hill Race
21	WMRA Long Distance Challenge: Pikes Peak Marathon
21	Tap O' Noth
21	Great Wilderness Challenge
21	Helmsdale Games Hill Race
22	SAL Junior Home International Trial
26	Argyllshire Gathering Hill Race, Oban
28	WMRA World Masters, Poland
28	Ochil 2000s (Long Classics)
28	Achmony Hill Race, Glenurquhart Games

September

04	Braemar Gathering, Morrone Hill Race
04	Ben Nevis
05	World Mountain Running Championships, Slovenia
05	Blaigowrie Games Hill Race
07	Krunce Series - Race 6
11	Devil's Beef Tub
12	Deeside Mountain Duathlon
12	Simon Wake Comrie Relay
15	Caerketton Downhill
18	Invercharron Hill Race
18	Morven Hill Race (plus junior races)
19	Merrick Hill Race
25	Black Mountains (BRITISH)
25	Two Breweries (Long Classics)
25	Cairn William
25	Pitfichie Hill (junior race)
26	Newtyle Hill

October

02	Ben Venue Challenge
03	Bennachie Hill Race
09	Manor Water
10	Pentland Skyline (Long Classics)
17	UKA British Hill Relay, Fife
30	Meall a' Bhuachaille
30	Original Mountain Marathon

November

13	Tinto Hill Race (plus junior races)
21	Druim Fada Chase
28	Beinn Lora

December

26	Cruim Leacainn
26	Beebraigs Handicap Trail Race
27	The Law Breaker



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